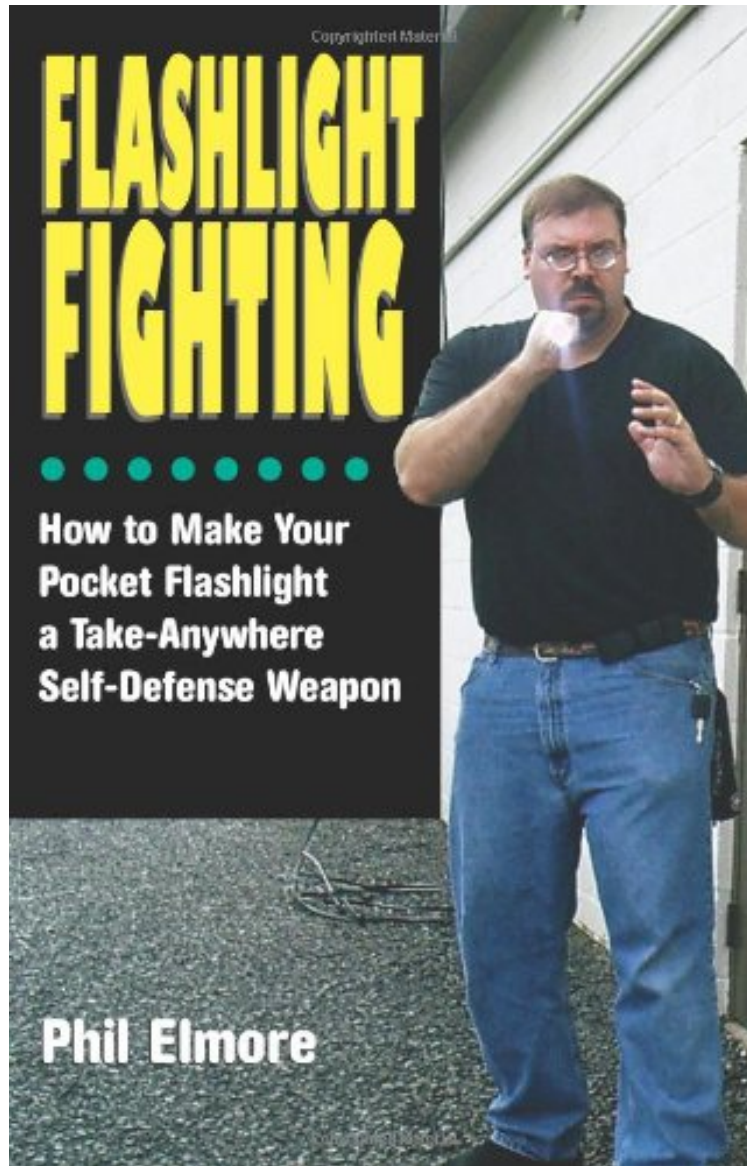


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## Flashlight Fighting: How to Make Your Pocket Flashlight a Take-Anywhere Self-Defense Weapon

*Phil Elmore*

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**Phil Elmore : Flashlight Fighting: How to Make Your Pocket Flashlight a Take-Anywhere Self-Defense Weapon** before purchasing it in order to gage whether or not it would be worth my time, and all praised Flashlight Fighting: How to Make Your Pocket Flashlight a Take-Anywhere Self-Defense Weapon:

0 of 0 people found the following review helpful. Love It!!!By Dan the ManI thought this book was great....love it. Very informative. Hope he comes out with another. Thank you Phil Elmore!!!1 of 1 people found the following review helpful. Great Read and Could save your lifeBy dimitrios fosterI read this book some years ago to brush up on flashlight fighting because it has been a few years since I have taken flashlight fighting classes. Some years ago though I was a fifth level flashlight fighter black belt, so it is like riding a car you never forget how. Okay, I was walking down an ally and my only protection was my flashlight and since I have a picture memory, I remembered what Phil Elmore taught me so I knocked out some homeless guy with my flashlight and took his money. After I brought some brews with the homeless guys money I thought to myself how great it is to be Merican.12 of 13 people found the following review helpful. How to get beaten with your broken flashlight!!By David H.If you somehow seem to forget your Street Long-sword, have no fear! While wearing your pedo-stache, make sure to have this surefire way of looking stupid at all times! Your best to chance is that your attacker see's that you are in fact insane after buying this book. If this does not work, be sure to check out my sequel: How To Get Beaten, While Wielding a Broken Flashlight.

A simple 6-inch flashlight is an extremely potent self-defense weapon if wielded properly and is among the few useful items one may carry that has yet to be legislated into liability. Guns are strictly controlled in some areas; knives are subject to as many if not more laws, some of them so vague that they defy interpretation. Collapsible batons, billy clubs, mace and pepper sprays are often illegal, but few, if any, regulations concern the possession of the common pocket torch. About now you're probably thinking that you're in deep trouble if the only weapon you've got is a battery-powered flashlight, but anyone who knows how to use a palm stick knows just how effective even a short length of rigid material can be. Thrust into the body's soft targets, joints and other vital areas, it can debilitate and even kill an attacker.

About the AuthorPhil Elmore is a martial artist and professional writer living and working in central New York. The publisher of The Martialist: The Magazine for Those Who Fight Unfairly, Phil has become widely known in the self-defense and martial arts communities. Frequently controversial and always opinionated, he has contributed articles to a variety of online and print publications. These include Paladin Press' popular collection, Warriors: On Living with Courage, Discipline, and Honor. Phil can be reached through his Web sites, [www.philelmore.com](http://www.philelmore.com) and [www.themartialist.com](http://www.themartialist.com).